**SHANTI SEHI** was introduced to the yoga life after meeting Swami Naranda in 1985.  She became the Swami’s personal assistant, friend and spiritual daughter.  Certified as a teacher in 1986 Shanti taught Hatha Yoga at Broward Community College Extension and the Broward Correctional Institute.  Swami Naranda passed on in 1994 at the age of 83.  Shanti became Director of Yoga For Youth, Inc., a Florida State Corporation founded by the Swami that certifies Yoga Teachers and has continued to offer the Sri Naranda Teacher Training Course ever since.