

Food & Flight Form

Please complete and email to goodnews@usa.net 1 month prior to your charter

FOOD

Name:

1. Are you allergic to any kind of food? If yes, what?
2. What is a typical breakfast for you after morning yoga?
3. Do you eat meat and chicken?
4. Do you like seafood? If not, what do you prefer to eat?
5. Are you a dessert eater? What is your favorite dessert?
6. What do you NOT like to eat?
7. Is there anything I need to know about preparing food for you?

I really like to cook and take pride in what I serve, so anything else food related, please let me know now. Thank you ~

Travel

1. Date and arrival time in Marsh Harbour
2. Airline and flight number for your arrival
3. Departure time from Marsh Harbour
4. Airline and flight number for your departure

